



Leadership Coaching

Grow your organization's potential with coaching

"With the help of my coach, my leadership style and my thinking process improved. I am more open and aware about my personal capabilities and skills. The coaching program gave me the opportunity in defining the steps to achieve my career goals."

*Elna, Women in Leadership Program
(Multinational pharmaceutical and biotechnology corporation)*



LEADERSHIP COACHING

Our coaching services and programs aim to enhance your organization's performance and engagement, resulting in better outcomes. We collaborate with professionals to cultivate their self-awareness, mindset, and emotional intelligence, empowering them to lead confidently and with a sense of purpose. Whether focusing on individual, team, or organizational development, our coaching programs help achieve growth and attain goals.

By implementing coaching, your company can make a lasting impact on its performance and leadership potential, making it one of the most powerful tools for leadership development today.



**Improved
performance and
productivity**



**Increased
employee
engagement**



**Better
teamwork and
collaboration**



**Improved
decision-making**



**Greater
flexibility and
adaptability**



**Increased
self-awareness**



**Increased
motivation**



**Improved stress
management**

OUR COACHING SOLUTIONS



Leadership Coaching

In this one-to-one coaching a powerful partnership is formed between the coach and an individual in a leadership or executive position, and it is often to help them transition into or towards a new role, while developing the necessary competencies and overcoming the challenges that would enable growth. The coach also helps leaders develop the mindset that allows them to create the conditions for change and sustainable success.



Group and Team Coaching

In Group Coaching; the coach facilitates the conversation around a chosen topic and helps participants explore the topic from their perspectives, as well as the view of others, allowing them to discover personal insights that would help them move forward or overcome a challenge in any area of their work or life. In Team Coaching; the coach co-creates a safe environment with a group of individuals belonging to a team in order to help them achieve their collective goals and develop as a team. This coaching is aimed to help improve areas such as team culture, creativity, communication, resolving conflict, and building trust within a team.



Integrated Coaching

Integrated coaching can combine one-to-one, group and team coaching as part of an overall learning journey or program, often a long-term development program or training course. The coaching sessions are integrated in a way that will provide the optimal guidance and support to participants as they engage in their development programs and undergo considerable changes or transitions, all of which result with new opportunities and challenges. Coaching can help learners seize the opportunities, and grow their capacity to overcome challenges.

OUR GROWTH-ORIENTED APPROACH

COACHES PROPOSED

Suggesting coaches for initial conversations to ensure the right fit



ASSESSMENT & GOAL SETTING

Review assessment report, discuss development areas and align on goals



DISCOVERY SESSION

Exploration session to build rapport, create agreements and set objectives



FINAL REFLECTIONS & NEXT STEPS

Coach and Coachee to measure progress and provide feedback



ACCOUNTABILITY

Actions and reflections between sessions, and periodic evaluation sessions



COACHING SESSIONS

Recurring one hour coaching sessions every two to four weeks

CHOOSE KAPLAN FOR COACHING

MEASURABLE IMPACT

Our range of diagnostics and assessments provide quantitative and qualitative data to assess the development needs and measure results

WORLDCLASS COACHES

Qualified and accredited coaches that come from diverse backgrounds, and have coached leaders towards success in various industries.

PROVEN APPROACH

"All participants felt motivated and confident in promoting themselves to their managers."

- Outcome of a Leadership Program with Integrated Leadership Coaching

Kaplan Professional Middle East is a leading provider of end-to-end training solutions for professional qualifications programs, leadership and professional development programs. Our training solutions follow a balanced approach that combines technical competence and behavioural confidence, guided by diagnostics and simulations.



Candidates who have highlighted significant changes in their role and promotions post the program.

- Outcome of a Leadership Program with Integrated Leadership Coaching

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